


Verona Waves July 2008

Last Updated: 6/30/08



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 AWAY Verona at Mountainside AM Meet	3 HOME Springfield at Verona	4 NO PRACTICE 	5
6	7 HOME Mountainside at Verona	8 HOME North Caldwell at Verona	9	10 AWAY Verona at Maplewood	11	12
13	14	15 HOME Maplewood at Verona	16	17	18	19
20	21 AWAY Verona at North Caldwell	22	23 Pool Party 5:00pm-8:00pm	24 AWAY Verona at Springfield	25	26
27	28	29 Tentative: Divisionals at Springfield	30	31 Meet of Champs Location TBA		

Practice Times: 8:30am-9:15am: 8 and Under
 8:30am-9:30am: 9/10
 9:30am-10:30am: 11/12
 10:30am-11:30am: 13 and Over
 Width Swimmers: Tuesday & Thursday, 8:30am-9:15am

Clinic Times: 8:00am-9:00am: Beginners and 10 and Under*
 9:00am-10:00am: Intermediate and Advanced

*All swimmers on last year's team and winter swimmers are eligible for for Clinics. **New swimmers must have completed 3rd Grade**